

CareerGrowth Group



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Dear Successful Career Professionals

The status of the economic downturn and its impact on the labor market are making headlines in all major newspapers on a daily basis. 500,000 jobs have been lost in the 1st quarter of 2008. On the front page of Sunday's New York Times Business Section "banks have announced plans to eliminate as many as 65,000 jobs. We can not ignore these negative ...

Need to heed advice in these recessionary times.

Don't quit your job without a new position. As important as total fulfillment and love of one's work and position should always prevail, this may not be the best time to voluntarily leave a position, sacrificing benefits and rank in a firm when you are well known.

If you do receive an attractive job offer, this may be an excellent time to make a mark at a new company. Hiring numbers will be down, not types of companies and businesses, and a new hire can stand out as one of the few new hires of the year.

If you do get terminated from your current position due to economic conditions, make sure not to sign any "termination papers." You may wish to have an attorney review any papers presented to you for your agreement and signature. The conditions of a termination should include, continuation of salary for a specific period of time, continuation of benefits and information about COBRA so that you can continue your health care coverage. Most large companies will offer employees ??? placement, or equal benefits. Most out-placement firms do not offer one-on-one counseling often enough or effectively. If you have savvy, you can renegotiate some of the items in your benefits package. If you have experienced previous disappointments from out-placement firms and their services, you can ask for the equivalent amount of dollars to be utilized toward an accredited career counselor. Some of my clients have chosen to obtain this alternative and received one-on-one counseling here at CareerGrowth Group.

Please call to ask about our program for one-on-one related counseling, specifically tailored to your individual needs.

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About Beverly R. Daniel: Beverly Daniel is a career counselor / coach, who helps career professionals move successfully from one level of their careers to another. This can include assessments and evaluations about career choices, strategic planning for career moves, navigating in corporate structures, or moving from corporate to self-employment, or entrepreneurship. She works with lawyers, banking executives, marketing professionals, among others in all functions and industries. Beverly has been in the executive search and career-counseling field for 29 years. She holds a BS and MS in Psychological Counseling from Boston University. She holds an MBA in Management from New York University. Beverly studied for a Ph.D. in Clinical Psychology at Case Western Reserve University.