

# CareerGrowth Group



November 28, 2007

## Dear Successful Career Professionals

The topic of the November CareerTalk program was quite exciting and very well received, Work/Life Balance. As a result of the discussions held on that topic, everyone agreed that it is time to evaluate your career success for the year and to determine whether your career, personal, and social goals will be met by the end of the year.

**What are the major career successes you achieved in '07?** As we discussed last year at this time all of my readers agreed to set three ambitious career goals. So, did you achieve one, two, or three of those goals? If you got a promotion or achieved your ambitious sales or new business goals, give yourself permission to celebrate. If you still have one, two, or even three goals to go, you still have six weeks and it isn't too late in the year to work hard enough to achieve the goals that you set out to meet. In fact by the beginning of December, workloads decrease due to holiday celebrations, and/or personal vacations. Some of my clients tell me, they achieve some of their ambitious goals in the last three weeks of December.

**Have you asked for a performance review, officership, or bonus to reflect your achievements?** If you have achieved these ambitious goals that you set for yourself, be sure that you receive the credit that you deserve. This recognition may or may not come from others in more senior positions than yours. You may need to ask to have your performance reviewed, and you may need to ask for a raise or a bigger bonus. Don't be shy about asking for what you deserve, but in a way that makes those more senior to you feel good. Be certain to update your resume to reflect recent accomplishments.

**Has your professional success come at the expense of your personal life?** If so, you should consider setting aside some time to reflect on your personal and social goals for the new year. Successful career professionals place a high priority on setting ambitious career goals, but this should not be at the cost of achieving personal and social goals that you may regret not attaining. If you need help setting the boundaries between your professional career aspirations and your personal and social life desires. This may be a perfect time to see a well trained career counselor. I will be working this entire month helping my clients set their goals for next year. Please call to set up a consultation meeting.

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**About Beverly R. Daniel:** Beverly Daniel is a career counselor / coach, who helps career professionals move successfully from one level of their careers to another. This can include assessments and evaluations about career choices, strategic planning for career moves, navigating in corporate structures, or moving from corporate to self-employment, or entrepreneurship. She works with lawyers, banking executives, marketing professionals, among others in all functions and industries. Beverly has been in the executive search and career-counseling field for 29 years. She holds a BS and MS in Psychological Counseling from Boston University. She holds an MBA in Management from New York University. Beverly studied for a Ph.D. in Clinical Psychology at Case Western Reserve University.